

# The Twelve Steps of Alcoholics Anonymous

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove all our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

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## What is Alcoholics Anonymous?

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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### Helpful AA Websites

Central Victorian District - [aacvdistrict.org.au](http://aacvdistrict.org.au)

AA Times - [aatimes.org.au](http://aatimes.org.au)

AA Australia - [aa.org.au](http://aa.org.au)

### CV District AA Contacts

Julian – Castlemaine	0408 539 030
Tony – Kyneton	0400 673 346
Denis – Kangaroo Flat	0422 593 381
Anthony – Eaglehawk	0409 137 312
Sue - Castlemaine	0488 123 868
Penelope - Bendigo	0402 266 353
Isabella – Castlemaine	0407 849 750
Olive – Kyneton	0402 101 142

God, grant me the Serenity to accept the things I cannot change; Courage to change the things I can; and Wisdom to know the difference

# Alcoholics Anonymous

## Central Victorian District Meetings List

### 1300 22 22 22

(or use the local contacts overleaf)

PO Box 121

Golden Square, 3555

[aacvdistrict.org.au](http://aacvdistrict.org.au)



The words "Alcoholics Anonymous" and the Logos in the text above are all registered Trade Marks of the General Service Board of Alcoholics Anonymous, Australia.

**MONDAY** 7.00pm - 8.30pm  
ID Meeting  
Inglewood Town Hall  
25 Verdon St, Inglewood  
Vic – 0419 875 931

**MONDAY** 7.30pm - 8.30pm  
ID Meeting  
Kyneton Catholic Church  
53 Ebdon St, Kyneton  
Cherry – 0419 512 857  
Tony – 0400 673 346  
kyneton.aagroup.org.au

**MONDAY** 8.00pm - 9.30pm  
Steps Meeting  
Salvation Army Centre  
65 - 71 Mundy St, Bendigo  
Drew – 0403 556 326  
aastepsbgo@gmail.com

**TUESDAY** 7.00pm - 8.30pm  
Beginners Discussion Meeting  
Community Church of Christ Hall  
60 Havlin St West, Quarry Hill  
Chantelle – 0400 157 237  
Dino – 0414 463 115

**TUESDAY** 7.00pm - 8.00pm  
ID Meeting  
Salvation Army Corps  
27 Wills Street, Maryborough  
Danny – 0491 945 483

**TUESDAY** 7.00pm - 8.00pm  
Big Book & Steps Study  
St Peters Catholic Church  
Presbytery Building  
13 Dukes Street, Daylesford  
Debbie - 0421 041 856  
Anthony - 0497 564 343

**WEDNESDAY** 12.00pm - 1.30pm  
ID Meeting  
St Andrew's Uniting Church Hall  
24 Myers St, Bendigo  
Jenny – 0499 030 993

**THURSDAY** 7.00pm - 8.30pm  
ID Meeting  
Uniting Church Hall  
12 Lyttleton St, Castlemaine  
Sue – 0488 123 868

**THURSDAY** 7.00pm - 8.30pm  
ID Meeting  
Waranga Health  
14 High St, Rushworth  
Jenny – 0430 103 145

**FRIDAY** 8.00pm - 9.30pm  
ID Meeting  
Doxa Centre  
118 -120 Hargreaves Street, Bendigo  
(Smoke break around 8.45pm)

**SATURDAY** 5.00pm - 6.00pm  
Discussion Meeting  
Mechanics Hall  
71 Mollison Street, Malmsbury

**SATURDAY** 7.00pm - 9.00pm  
7pm Living Sober Topic Meeting  
8pm Supper & Fellowship  
Bendigo Baptist Church  
10 Parsonage Grove, Eaglehawk  
Shaz – 0417 516 579  
Anthony – 0490 137 312  
saturdaynightlivingsober@gmail.com

**SUNDAY** 11.00am - 12.00pm  
ID Meeting  
St Mary's Catholic Church Hall  
78 Hargraves St, Castlemaine  
Julian – 0408 539 030

**SUNDAY** 7.00pm - 8.30pm  
ID Meeting  
St Mary's Anglican Church  
193-195 High St, Kangaroo Flat  
Denis – 0422 593 381

**Note.** Update meeting information by contacting the Webmaster. [aacvdistrictweb@hotmail.com](mailto:aacvdistrictweb@hotmail.com)

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